

Fairlight Nursing Home Week 4

| Course | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------------------|--|---|--|---|--|--|---|
| Breakfast Choice of: | Fruit, Porridge, Cereal & Toast, Tea or Coffee | Scrambled Egg, Fruit, Porridge, Cereal & Toast, Tea or Coffee | Fruit, Porridge, Cereal & Toast, Tea or Coffee | Cooked Breakfast, Fruit, Porridge, Cereal & Toast, Tea or Coffee | Fruit, Porridge, Cereal & Toast, Tea or Coffee | Fruit, Porridge, Cereal & Toast, Tea or Coffee | Croissant Fruit, Porridge, Cereal & Toast, Tea or Coffee |
| Mid-Morning Elevenses: | Tea or Coffee, Biscuits & Fruit | Tea or Coffee, Biscuits & Fruit | Tea or Coffee, Biscuits & Fruit | Tea or Coffee, Biscuits & Fruit | Tea or Coffee, Biscuits & Fruit | Tea or Coffee, Biscuits & Fruit | Tea or Coffee, Biscuits & Fruit |
| Lunch First Choice: | Chicken Chasseur | Smoked Haddock & Prawn Bake | Beef Cannelloni | Turkey & Ham Pie | Scampi & Chips | Sausage & Mash | Roast Pork with Apple Sauce |
| Lunch Second Choice: | Vegetable Risotto | Bacon & Brie Quiche | Vegetable Casserole | Vegetable Bake | Cheese Salad | Stilton & Mushroom Pasta Bake | |
| Sweet: | Coffee & Mandarin Gateau | Fruit Meringue | Summer Pudding | Fruit Flan | Tiramisu | Pears with Toffee Sauce & Ice Cream | Chocolate Torte |
| Afternoon Tea: | Tea or Coffee, Homemade Scones or Cakes | Tea or Coffee, Homemade Scones or Cakes | Tea or Coffee, Homemade Scones or Cakes | Tea or Coffee, Homemade Scones or Cakes | Tea or Coffee, Homemade Scones or Cakes | Tea or Coffee, Homemade Scones or Cakes | Tea or Coffee, Homemade Scones or Cakes |
| Supper: | Ham & Mushroom Pasta Bake Lime Milk Jelly | Greek Salad Chocolate Ice Cream | Ploughman's with Homemade Bread Fruit Fool | Macaroni Cheese Artic Roll | Sausage, Baked Beans & Hash Brown Butterscotch Mousse | Gala Pie with Salad Lemon Posset | Cheese Crumpets Ice Cream Sundae |
| Evening: | Milky Drink & Biscuits | Milky Drink & Biscuits | Milky Drink & Biscuits | Milky Drink & Biscuits | Milky Drink & Biscuits | Milky Drink & Biscuits | Milky Drink & Biscuits |

NB: Homemade soup and a selection of sandwiches are available EVERY night.