

## ***Fairlight Nursing Home Week 2***

<b>Course</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
Breakfast Choice of:	Fruit, Porridge, Cereal & Toast, Tea or Coffee	Scrambled Egg, Fruit, Porridge, Cereal & Toast, Tea or Coffee	Fruit, Porridge, Cereal & Toast, Tea or Coffee	Cooked Breakfast, Fruit, Porridge, Cereal & Toast, Tea or Coffee	Fruit, Porridge, Cereal & Toast, Tea or Coffee	Fruit, Porridge, Cereal & Toast, Tea or Coffee	Croissant Fruit, Porridge, Cereal & Toast, Tea or Coffee
Mid-Morning Elevenses:	Tea or Coffee, Biscuits & Fruit	Tea or Coffee, Biscuits & Fruit	Tea or Coffee, Biscuits & Fruit	Tea or Coffee, Biscuits & Fruit	Tea or Coffee, Biscuits & Fruit	Tea or Coffee, Biscuits & Fruit	Tea or Coffee, Biscuits & Fruit
Lunch First Choice:	Beef Lasagne with Salad & Garlic Bread	Smoked Haddock & Leek Bake	Honey & Mustard Glazed Pork	Turkey Steak with White Wine & Tarragon Sauce	Scampi & Chips	Chicken Casserole	Roast Beef with Yorkshire Pudding
Lunch Second Choice:	Vegetable Chilli	Vegetable Bake	Mushroom Risotto	Cauliflower & Broccoli Bake	Sausage, Egg & Chips	Cheese & Leek Quiche	
Sweet:	Lemon Meringue Pie	Rhubarb Crumble	Chocolate Sponge with Chocolate Sauce	Apple Tart & Ice Cream	Berry Pavlova	Mandarin Cheesecake	Banoffee Pie
Afternoon Tea:	Tea or Coffee, Homemade Scones or Cakes	Tea or Coffee, Homemade Scones or Cakes	Tea or Coffee, Homemade Scones or Cakes	Tea or Coffee, Homemade Scones or Cakes	Tea or Coffee, Homemade Scones or Cakes	Tea or Coffee, Homemade Scones or Cakes	Tea or Coffee, Homemade Scones or Cakes
Supper:	Prawn Cocktail  Banana Custard	Egg Mornay with Tomatoes  Carrot Cake	Fish Goujons  Melon & Grapes with Honeyed Yoghurt	Cream Cheese & Spring Onion Jacket Potato  Milk Jelly	Poached Egg, Bacon & Tomato  Vienetta	Pate with Pickles & Homemade Bread  Lemon Mousse	Cheese & Biscuits  Peaches & Cream
Evening:	Milky Drink & Biscuits	Milky Drink & Biscuits	Milky Drink & Biscuits	Milky Drink & Biscuits	Milky Drink & Biscuits	Milky Drink & Biscuits	Milky Drink & Biscuits

**NB: Homemade soup and a selection of sandwiches are available EVERY night.**